Course Name: VARSITY SPORTS I  
Course Number: PHED 1180  
Course Description: 1 hour. A course restricted to Varsity Athletes only in their sport of participation. Student athletes practice daily during season. This course offers development of skills and personal potential for student athletes interested in improving their performance or preparing for further competition at the upper collegiate level. 
Registration for this class is completed by the coach. 
Pre-requisites/Co-requisites: Student must be a Varsity Athlete.  
Course Learning Outcomes: 
By the end of the semester, students will:  
- demonstrate an overall knowledge of the sport of participation.  
- improve muscular strength. 
- improve muscular endurance 
- improve flexibility. 
- improve sport specific skill level. 

INSTITUTIONAL ABSENCE 
A student who serves as an official representative of the college is defined as one who: is authorized to use the college name in public relationships outside the institution; regularly interacts with non-college individuals and groups over an extended period of time (at least one semester); represents the college as a part of a group and not as an individual; represents the college under the direct supervision of a college faculty or staff member; and is authorized in writing, in advance, by the President of the college. Such a student is in no way released from the obligations and responsibilities of all students, but will not be penalized with unexcused absences when absences result from regularly scheduled activities in which he/she represents the college. Further, it is the responsibility of each student to contact instructors prior to the absence and to make arrangements to make up any work that will be missed, in a manner acceptable to the instructor. Advisors of activities will schedule off-campus activities in a manner that does not unduly disrupt the learning process for a student. 

College Policy on Academic Dishonesty 
A. Academic Dishonesty 
Academic irregularities include, but are not limited to, giving or receiving of unauthorized assistance in the preparation of any academic assignment; taking or attempting to take, stealing, or otherwise obtaining in an unauthorized manner any material pertaining to the education process; selling, giving, lending, or otherwise furnishing to any person any question and/or answers to any examination known to be scheduled at any subsequent date; 

fabricating, forging, or falsifying lab or clinical results; plagiarism in any form related to themes, essays, term papers, tests, and other assignments; breaching any confidentiality regarding patient information. 

B. Disciplinary Procedures 
1. When a faculty member suspects that a student has engaged in academic dishonesty, the faculty member will contact the Office of the Vice President for Academic Affairs. The Vice President for Academic Affairs will notify the student in writing of the report and will appoint a neutral person from among the faculty or staff to meet with the faculty member who reported the matter and the student(s) believed to have engaged in academic dishonesty.
The purpose of the meeting, to be scheduled by the Office of the Vice President for Academic Affairs, will be to provide a facilitated discussion about what may have occurred. The faculty member who reported the matter, the student(s) believed to have engaged in academic dishonesty, and the facilitator are the only participants in the meeting. Audio or video recordings of these proceedings will be permitted. Following the discussion, the facilitator will submit a form summarizing results of the proceedings to the Office of the Vice President for Academic Affairs.

2. The faculty member and student(s) may reach an agreement about the matter and, if dishonesty is involved, may determine the appropriate consequences. If no resolution is agreed upon, the matter will be forwarded to the Dean of Students, who will convene the Student Judiciary Committee to determine the outcome of the allegation.

3. Guidelines for disciplinary procedures as outlined in Section V of the Student Code of Conduct will be applicable in cases involving alleged academic dishonesty. A written copy of the recommendations by the Student Judiciary Committee shall be sent not only to the student but also to the faculty member who made the allegations of academic dishonesty against the student, to the Vice President for Academic Affairs, and to the President.

4. Prior to any finding of responsibility on the part of the student, the faculty member shall permit the student to complete all required academic work and shall evaluate and grade all work except the assignment(s) involved in the accusation of dishonesty. The faculty member may, however, take any action reasonably necessary to collect and preserve evidence of the alleged violation and to maintain or restore the integrity of exam or laboratory conditions.

5. A student may not withdraw from a course to avoid penalty of plagiarism or other forms of academic dishonesty.

C. Appeals Process

Students have the right to appeal a Student Judiciary Committee hearing recommendation in accordance with the following procedures:

1. Requests for appeals must be submitted in writing to the Office of the Vice President for Student Affairs within five business days of the date of the letter notifying the student of the original decision. Failure to appeal within the allotted time will render the original decision final and conclusive.

2. Written requests for appeals must be specific and detailed as to the nature and substance of the student’s complaint and must clearly indicate what action is requested. The written request should specify the grounds for appeal. Judicial recommendations may be appealed on the following grounds:
   • A violation of due process
   • Prejudicial treatment by the original hearing body
   • New evidence has become available which was not available at the time of the hearing.

3. Appeals shall be decided upon the record of the original proceedings, the written appeal submitted by the defendant, and any written briefs submitted by other participants. Cases will not be reheard on appeal.

4. If the student is dissatisfied with the decision of the Vice President for Student Affairs, the student may request in writing that the President consider the appeal, but such request must be made within five business days of the Vice President’s decision or the Vice President’s decision will be considered final and conclusive.
5. Within five business days of receiving the appeal, the President will either rule on the appeal or refer the appeal to a special Presidential Panel. The Presidential Panel will review all facts and circumstances connected with the case and within five business days make a report of its findings to the President. After consideration of the Panel’s report, the President will within five business days make a decision which shall be final so far as the College is concerned.

6. Should the student be dissatisfied with the President’s decision, written application may be made to the Board of Regents for a review of the decision. This application must be submitted within twenty days following the decision of the President. Additional information regarding procedures for appealing to the Board is available in the Office of the Vice President for Student Affairs. The decision of the Board shall be final and binding for all purposes.

If there is a student in this class who has specific needs because of learning disabilities or any other disability, please feel free to contact the instructor.

This is a partial syllabus. More detailed information relating to the class and Instructor will be made available to each student.

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**ASSISTANT PROFESSOR:** Donna Campbell  
**EMAIL:** dcampbell@abac.edu

**OFFICE:** Gressette Gymnasium, Room 214  
**PHONE:** 229-391-4929

**CLASS LOCATION:** ABAC Softball Field, Track, and Weight Room.

**OFFICE HOURS:** Mon. & Wed. - 8:30 – 9:00 & 12:00 – 1:00 Tues. & Thurs. – 8:30-9:30, 10:25-10:55, 12:00-12:30 Fri. – 9:00 - 12:00.  At Fillie Field (softball practice) each day 2:00 – 6:00 p.m.

**TEXT:** None. Additional course resources at [http://www.abac.edu/dcampbell](http://www.abac.edu/dcampbell) and the instructor’s D2L site.

**Inclement Weather Hotline:** 229-391-5225

**D2L** Course resources located here include but are not limited to: a syllabus, a course calendar, study guides, course grades, attendance and punctuality reports.

**MATERIALS:** Dress: clothes suitable for an exercise class. Cleats and tennis shoes are required.

**COURSE WITHDRAWAL:** Withdrawing from a course is the responsibility of the student. If a student needs to reduce his/her course load during a particular semester, that student may officially withdraw from a class with a grade of “W,” provided he/she takes this action before the mid-point in the semester (see the college calendar). Course withdrawals processed after the “drop” or mid-point deadline will result in a “WF” in the course. The student who wants to withdraw from a course must first see his/her academic advisor for permission to withdraw. At that point the advisor completes a drop form and the student follows the steps outlined on the form and submits it to the Registrar’s Office. Official withdrawals can be made only if the student has not already abandoned the course and been dropped from the course with a penalty. Deadline to drop without penalty: March 3, 2014 by 4:30 p.m.

**COLLEGE WIDE HARASSMENT POLICY:** Sexual or racial harassment in the University System is prohibited and shall subject the offender(s) to the appropriate disciplinary action. A student who feels subjected to any type of harassment should consult the instructor immediately. Refer to the college catalog and/or student handbook.

**CLASS ATTENDANCE POLICY:** Physical Activity classes are participation based so attendance can and will affect your final grade in the course. Whenever a student is absent, whether for official or personal reasons, the student must assume responsibility and provide notice to the instructor, preferably in advance, for making arrangements for any assignments and class work missed because of the absence. However, final approval for make up work remains with the individual instructor.

Final determination of what constitutes an excused absence rests with the classroom instructor. In implementing this Policy, faculty will not include in a student’s unexcused
absences those absences incurred due to authorized and approved College sponsored events (or in the case of joint-enrollment students high-school sponsored events) in which the student represents the institution as part of a group or under the direct supervision of a faculty or staff member.

A student who stops attending class without officially withdrawing from the course is subject to this attendance policy and will receive a grade of “F” for the course.

**CLASS ATTENDANCE POLICY:** Points will be given daily for participation. Failure to attend scheduled sessions will affect student’s grade.

**CLASS REGULATIONS:**
- No profanity.
- Class starts when the instructor is present.
- Use all equipment as designed.
- Any valuable of any kind are the responsibility of the student. ABAC does not assume any liability for items lost or stolen.

**CLASS SAFETY:**
- Warm-up and stretch properly.
- Adhere to all team policies regarding participation.
- Do not leave team activities for any reason without informing a coach.
- Report all injuries to a coach and sports trainer ASAP.

**EVALUATION:** The grading format for this course will be based on a point system whereby students will earn points from participation. A total of 100 points per week (15 weeks) can be obtained by the student-athlete. **Total points possible=1500**

**Participation grade** will be given daily. Failure to participate in scheduled sessions will result in point deductions. Scheduled sessions include Athletic Trainer sessions, practice, match play, study halls, weight training, community service and excused absences.

**GRADING SCALE:** 750 - 1500 = A  
650 - 749 = B  
550 - 649 = C  
450 - 549 = D  
449 and below = F

*It is the student-athlete’s choice to withdraw from the course at anytime but upon doing so, the participation grade format will warrant final grade. If student-athlete is withdrawn from the course at anytime by the coach for violation of team rules, final grade will be based on amount of participation completed upon the time of withdrawal.*

**ABAC’S POLICY ON MIDTERM ADVISORY GRADES:** Midterm Advisory Grades will be reported on Banner Web to any student who has a C, D, or an F in any class. The number of class absences will be posted for all students. Advisory grades are not entered on the student’s permanent record. Students should note that these grades are advisory and will not necessarily reflect the final grade earned in the course. These grades are intended to provide students with information in order to improve their performance in the second half of the semester. Students are responsible for checking Banner Web when grades and absences have been reported. Students who receive grades should meet with their instructors to develop plans for success in the second half of the semester. Students also should take advantage of study groups and the free tutoring services offered by the Academic Assistance Center (AAC).
*The Student Development Center is the official office to provide disability services at ABAC. If you have a documented disability that may require assistance, you will need to contact the Student Development Center for coordination of your academic accommodations. The Center is located on the 1st floor of the Carlton Center. The phone number is 229-391-5135; fax is 229-391-5136. You may also visit the website at [www.abac.edu/sdc](http://www.abac.edu/sdc) or email at mmartin@abac.edu*

January 2014

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**Varsity Sports I (Campbell-Assistant Professor)**

Student’s Name (Print)__________________________________________

Student’s 918# _____________________________

Please Sign: I, ____________________________have read and understand the policies of my Instructor’s Varsity Sports Class requirements and I will abide by the policies set for this class.