Course Name: FIRST AID AND CPR

Course Number: PHED 1175

Course Description: 2 hours. A non-healthcare provider course designed to teach those with limited or no medical training the skills needed to recognize and respond to respiratory and cardiac emergencies, to reduce pain, and to minimize the consequences of injury or sudden illness in the first few minutes after an incident until professional help arrives. All successful students will have the option to receive a basic first aid/ CPR certification card for an additional fee that is determined by the certifying body. This course satisfies one of the two physical education activity requirements.

Pre-requisites/Co-requisites: none

Course Learning Outcomes:
1. Students will develop and overall knowledge of emergency situations and demonstrate ability to respond to emergencies (check, call, care)(observation/skills check list and written exam)
2. Student will demonstrate the initiation of emergency medical system (demonstrate how to call 911 and what information should a person have to make the call)(observation/skills check list)
3. Student will develop an overall knowledge and demonstrate methods of self protection (good Samaritan laws, scene inspection, obtaining consent, preventing disease transmission, utilization of universal precautions and standards for blood borne pathogens (OSHA REGULATIONS) ) (written exam)
4. Students will develop an overall knowledge and demonstrate life saving and life sustaining skills (rescue breathing, management of choking victims, cardiopulmonary resuscitation, first aid, and automated external defibrillator)(observation/skills check list and written exam)
5. Student will recognize, identify and apply appropriate first response to medical emergencies (Heat, Cold, Sudden Illness, Poisoning, allergic reactions, muscular skeletal injuries and open or closed wounds)(observation/ skills check list and written exams)

INSTITUTIONAL ABSENCE

A student who serves as an official representative of the college is defined as one who:
1. is authorized to use the college name in public relationships outside the institution;
2. regularly interacts with non-college individuals and groups over an extended period of time (at least one semester);
3. represents the college as a part of a group and not as an individual;
4. represents the college under the direct supervision of a college faculty or staff member; and
5. is authorized in writing, in advance, by the President of the college.

Such a student is in no way released from the obligations and responsibilities of all students, but will not be penalized with unexcused absences when absences result from regularly scheduled activities in which he/she represents the college. Further, it is the responsibility of each student to contact instructors prior to the absence and to make arrangements to make up any work that will be missed, in a manner acceptable to the instructor. Advisors of activities will schedule off-campus activities in a manner that does not unduly disrupt the learning process for a student.

College Policy on Academic Dishonesty:
A. Academic Dishonesty

Academic irregularities include, but are not limited to, giving or receiving of unauthorized assistance in the preparation of any academic assignment; taking or attempting to take, stealing, or otherwise obtaining in an unauthorized manner any material pertaining to the education process; selling, giving, lending, or otherwise furnishing to any person any question and/or answers to any examination known to be scheduled at any subsequent date; fabricating, forging, or falsifying lab or clinical results; plagiarism in any form related to themes, essays, term papers, tests, and other assignments; breaching any confidentiality regarding patient information.

B. Disciplinary Procedures

1. When a faculty member suspects that a student has engaged in academic dishonesty, the faculty member will contact the Office of the Vice President for Academic Affairs. The Vice President for Academic Affairs will notify the student in writing of the report and will appoint a neutral person from among the faculty or staff to meet with the faculty member who reported the matter and the student(s) believed to have engaged in academic dishonesty. The purpose of the meeting, to be scheduled by the Office of the Vice President for Academic Affairs, will be to provide a facilitated discussion about what may have occurred. The faculty member who reported the matter, the student(s) believed to have engaged in academic dishonesty, and the facilitator are the only participants in the meeting. Audio nor video recordings of these proceedings will be permitted. Following the discussion, the facilitator will submit a form summarizing results of the proceedings to the Office of the Vice President for Academic Affairs.

2. The faculty member and student(s) may reach an agreement about the matter and, if dishonesty is involved, may determine the appropriate consequences. If no resolution is agreed upon, the matter will be forwarded to the Dean of Student Life and Housing, who will convene the Student Judiciary Committee to determine the outcome of the allegation.

3. Guidelines for disciplinary procedures as outlined in Section V of the Student Code of Conduct will be applicable in cases involving alleged academic dishonesty. A written copy of the recommendations by the Student Judiciary Committee shall be sent not only to the student but also to the faculty member who made the allegations of academic dishonesty against the student, to the Vice President for Academic Affairs, and to the President.

4. Prior to any finding of responsibility on the part of the student, the faculty member shall permit the student to complete all required academic work and shall evaluate and grade all work except the assignment(s) involved in the accusation of dishonesty. The faculty member may, however, take any action reasonably necessary to collect and preserve evidence of the alleged violation and to maintain or restore the integrity of exam or laboratory conditions.

5. A student may not withdraw from a course to avoid penalty of plagiarism or other forms of academic dishonesty.

C. Appeals Process

Students have the right to appeal a Student Judiciary Committee hearing recommendation in accordance with the following procedures:

1. Requests for appeals must be submitted in writing to the Office of the Vice President for Student Affairs within five business days of the date of the letter notifying the student of the original decision. Failure to appeal within the allotted time will render the original decision final and conclusive.

2. Written requests for appeals must be specific and detailed as to the nature and substance of the student’s complaint and must clearly indicate what action is requested. The written request should specify the grounds for appeal. Judicial recommendations may be appealed on the following grounds:

   • A violation of due process
• Prejudicial treatment by the original hearing body
• New evidence has become available which was not available at the time of the hearing.

3. Appeals shall be decided upon the record of the original proceedings, the written appeal submitted by the defendant, and any written briefs submitted by other participants. Cases will not be reheard on appeal.

4. If the student is dissatisfied with the decision of the Vice President for Student Affairs, the student may request in writing that the President consider the appeal, but such request must be made within five business days of the Vice President’s decision or the Vice President’s decision will be considered final and conclusive.

5. Within five business days of receiving the appeal, the President will either rule on the appeal or refer the appeal to a special Presidential Panel. The Presidential Panel will review all facts and circumstances connected with the case and within five business days make a report of its findings to the President. After consideration of the Panel’s report, the President will within five business days make a decision which shall be final so far as the College is concerned.

6. Should the student be dissatisfied with the President’s decision, written application may be made to the Board of Regents for a review of the decision. This application must be submitted within twenty days following the decision of the President. Additional information regarding procedures for appealing to the Board is available in the Office of the Vice President for Student Affairs. The decision of the Board shall be final and binding for all purposes.

INSTRUCTOR: Shannon Hawsey
EMAIL: shawsey@abac.edu
OFFICE: Gressette Gym Room 214 B
PHONE: 229-391-4934

CLASS LOCATION: Gressette Gym Room 208 (UPSTAIRS IN GYM)
OFFICE HOURS: May be seen 10 minutes before or after class, unless previous arrangements are made.

INCENTEMENT WEATHER HOTLINE: 229-391-5225


WEB VISTA: Course resources located on Vista include but are not limited to: a syllabus, a course calendar, and exam information.

MATERIALS: 6 Scantron sheets for exams, Textbook, pen/pencil, First Aid Supply kit located at the book store. Note: additional course resources are provided on the web vista site and instructors web page.
Dress code: Clothing suitable for physical assessment will be required for announced assessments.

COURSE WITHDRAWALS: Withdrawing from a course is the responsibility of the student. If a student needs to reduce his/her course load during a particular semester, that student may officially withdraw from a class with a grade of “W,” provided he/she takes this action before the mid-point in the semester (see the college calendar). Course withdrawals processed after the “drop” or mid-point deadline will result in a “WF” in the course. The student who wants to withdraw from a course must first see his/her academic advisor for permission to withdraw. At that point the advisor completes a drop form and the student follows the steps outlined on the form and submits it to the Registrar’s Office. Official withdrawals can be made only if the student has not already abandoned the course and been dropped from the course with a penalty.

COLLEGE WIDE HARASSMENT POLICY: Sexual or racial harassment in the University System is prohibited and shall subject the offender(s) to the appropriate disciplinary action. A student who feels subjected to any type of harassment should consult the instructor immediately. Refer to the college
**ABAC’S POLICY ON MIDTERM ADVISORY GRADES:** Midterm Advisory Grades will be reported on Banner Web to any student who has a C, D, or an F in any class. The number of class absences will be posted for all students. Advisory grades are not entered on the student’s permanent record. Students should note that these grades are advisory and will not necessarily reflect the final grade earned in the course. These grades are intended to provide students with information in order to improve their performance in the second half of the semester. Students are responsible for checking Banner Web when grades and absences have been reported. Students who receive grades should meet with their instructors to develop plans for success in the second half of the semester. Students also should take advantage of study groups and the free tutoring services offered by the Academic Assistance Center (AAC).

**CLASS POLICY:**
Points will be given daily for punctuality, participation, and attendance. Failure to attend class, to participate, and/or to be on time will affect this grade.  
**Absences:** A total of **4 absences** will be allowed throughout the semester. After the 4<sup>th</sup> absence you will receive an “F” for the class. **No exceptions!!**  
**Make-ups:** Students may makeup institutional absences only and may do so by attending make up sessions. No other makeup's will be allowed. **No exceptions!!!** All absences must be made up **before** the last week of class.  
**Tardies:** Tardiness (entering class after roll call) will result in point deduction from the participation grade. **Students entering class later than ten minutes after the hour will receive an absence.**

<table>
<thead>
<tr>
<th>Evaluation: The grading format for this course will be based on a points system. Points will be awarded for class participation, written exams, abstracts, assignments, project and labs.</th>
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<tbody>
<tr>
<td><strong>GRADING POLICY:</strong></td>
</tr>
<tr>
<td>SIX WRITTEN EXAMS (100 PTS) 600 points</td>
</tr>
<tr>
<td>CLASS PARTICIPATION 300 points</td>
</tr>
<tr>
<td>FOUR SKILL ASSESSMENTS (25 PTS) 100 points</td>
</tr>
</tbody>
</table>

| Total Points Grading Scale: A = 90%-100% of total points |
| B = 80%-89% of total points |
| C = 70%-79% of total points |
| D = 60%-69% of total points |
| F = 0 %-59% of total points |

**Description:**
- **Class participation(300):** points will be earned daily for verbal and physical participation and attendance. Failure to attend class and /or participate will affect student’s grade.
- **Written Exams (600):** Given periodically over text, video, power points, lectures, labs, skills and class discussion. Web vista and instructors web site may provide additional information.
- **Skills assessments (100):** Students will be assigned points based on skill performance (rescue breathing, CPR, AED, obstructed air way, wound care bandaging, taping etc.) pass/fail.
CLASS REGULATIONS:

☐ All students are responsible for missed work
☐ Students are expected to be prompt. Classes will begin and end on time.
☐ Student must initiate their own makeup work
☐ Missed Exams are missed and no makeup exams will be given.
☐ Pop quizzes may not be made up
☐ Students are required to complete work by assigned dates
☐ Students are expected to be respectful and courteous to others
☐ Students are expected to read and study material prior to class to promote discussion, debate and stimulate lifelong learning
☐ Students are expected to study for all exams and take exams on scheduled dates and time.
☐ Disruptive students will be asked to leave
☐ Cell phones MUST be set to vibrate only and may be used for emergencies only.
  No texting, checking facebook or myspace during class time

OPTIONAL: FIRST AID, CPR AND AED CERTIFICATION IS AVAILABLE FOR THIS CLASS FOR AN ADDITIONAL FEE THAT WILL NOT EXCEED $ 30. FEE IS SET BY AMERICAN HEART ASSOCIATION. CERTIFICATION IS NOT MANDATORY TO COMPLETE THIS CLASS. ANY STUDENT WANTING TO TAKE CERTIFICATION TEST MUST HAVE PAID FEE BY NOVEMBER 4, 2015. AGAIN THIS IS OPTIONAL AND NOT REQUIRED TO COMPLETE THE COURSE.

Revised: AUGUST 2015.
Course Requirements Verification or Understanding

I________________________ have reviewed a copy of my syllabus outlining the requirements for (name of course_______________), I (your name________________________) understand the explanation of these requirements and I know it is my responsibility to meet the requirements outlined in the syllabus. I am responsible for punctual attendance (all classes), completing all assignments as directed and turning them in on time, managing my time for study and classroom preparation, taking exams on scheduled dates and adhering to the rules and regulation of classroom etiquette. I further understand if I need assistance it is my responsibility to seek help from my instructor or from the tutoring center. I accept my responsibility for success as a college student. I am willing to work hard, study efficiently, be on time and meet the objectives for this course. I have reviewed and understand my performance evaluation scale outlined on the syllabus. I will seek clarification as needed from the instructor. I hereby certify I understand the requirements to satisfactorily complete this course.

Printed Name___________________________________________________________

Signature____________________________________________Date_______________

Phone number_________________ Cell phone number_________________________

Email address_______________________ alternate email address________________