Thank you for participating in the “Run for the Nurses” running event scheduled for April 2, 2016. We wanted to let you know about some details prior to the event.

- Pre-registered runners may pick up packets in the front lobby of the Health Sciences Building from 4:00 – 6:00 pm on Friday April 1st or on race day.
- Pre-registration and race day registration tables will open at 6:30 am on race day in the lobby of the Health Sciences building. Restrooms are located in the Health Sciences Building. The 5K and ½ marathon will both begin at 7:30 am.
- The races will begin on ABAC Circle in front of the Health Sciences Building close to Moore Hwy. Parking can be found past the Health Sciences building to the left off of Moore Hwy.
- Routes for the races are posted online at [http://www.abac.edu/academics/schools/nursing/outreach/run-for-the-nurses](http://www.abac.edu/academics/schools/nursing/outreach/run-for-the-nurses) under the “Race Information” drop down.
  - The 5K runners will leave campus with an out and back route. There is one hill to tackle on this route going and coming!!!
  - The ½ marathon travels off campus and goes out Carpenter and Zion Hope Roads. Traffic varies closer to campus but should be light as runners travel further out. This route has several rolling hills!!!
- Route roads for the 5K and ½ marathon will not be closed. We will have the assistance of the ABAC Police and Tift County Sheriff’s Office as well as signs and volunteers along the route. Please be aware of traffic!!! We ask that runners travel against the traffic.
- There are 6 water/Gatorade stations along the ½ marathon route and 1 along the 5K route. There will be a port-a-potty at the half-way point of the ½ marathon.
- Both races will end at the Arch on ABAC Circle in front of the Health Sciences Building.
- Bottled water, fruit, and goodies will be available at the finish line for race participants.
- Awards for the 5K will begin at approximately 8:45 am. Awards for the ½ marathon will begin at approximately 10:45 am.
- Results of the races will be posted at [www.active.com](http://www.active.com) and [http://www.abac.edu/academics/schools/nursing/outreach/run-for-the-nurses](http://www.abac.edu/academics/schools/nursing/outreach/run-for-the-nurses)

**Directions to the ABAC Campus:**

**From I – 75, take exit 64**
(Turn right after exit if Southbound; turn left after exit if Northbound). At RDC Road turn left Dead-end in front of the campus (Facing ABAC Circle) Turn right on Moore Hwy. The Health Sciences Building on your left. Small parking area just past the Health Sciences Building to the left. Larger parking area farther down Moore Hwy on the left. Signs will be posted.

**From Hwy 82**
Turn (Eastbound turn left; Westbound turn right) on Carpenter Road. Take Carpenter Road to Davis Road. Turn right on Davis Road then left on Moore Hwy. ABAC Circle on the front of campus will be on your left. Small parking area just past the Health Sciences Building to the left. Larger parking area farther down Moore Hwy on the left. Signs will be posted.

The Lisa Purvis Allison “Spirit of Nursing” Scholarship is very special to the School of Nursing & Health Sciences at ABAC and we want to thank you for your support. Visit [http://www.abac.edu/academics/schools/nursing/outreach/run-for-the-nurses](http://www.abac.edu/academics/schools/nursing/outreach/run-for-the-nurses) for information. If you have any questions, please let me know at 229 – 391 – 5024 or rarnold@abac.edu.

Thanks,

Becky