

# FIT FOR LIFE FIRST AID CPR TENTATIVE CALENDAR

## Spring 2012

Day 1 _____	Introduction: Syllabi and Safety
Day 2 _____	CHAPTER 1 LAB (HR CHECK)
Day 3 _____	CHAPTER 2 LAB (ANKLE TAPING AND GLOVES)
Day 4 _____	EXAM 1 CHAPTERS 1 AND 2
Day 5 _____	CHAPTER 3
Day 6 _____	CHAPTER 4
Day 7 _____	EXAM 2 CHAPTERS 3, AND 4
Day 8 _____	CHAPTER 5
Day 9 _____	CHAPTER 5 AND 6 (GLOVES REQUIRED)
Day 10 _____	CPR AED SKILLS CHECK (SUPPLIES)
Day 11 _____	CPR AED SKILLS CHECK (SUPPLIES)
Day 12 _____	EXAM 3 CHAPTERS 1-6, LECTURE)
Day 13 _____	CHAPTER 7
Day 14 _____	CHAPTER 8
Day 15 _____	CHAPTER 9
Day 16 _____	CHAPTER 10
Day 17 _____	EXAM 4 CHAPTER 7, 8, 9, 10
Day 18 _____	(TAPE AND ANKLE)
Day 19 _____	CHAPTER 11 AND CHAPTER 12
Day 20 _____	CHAPTER 13 AND CHAPTER 14
Day 21 _____	CHAPTER 15
Day 22 _____	CHAPTER 16 (SUPPLIES)
Day 23 _____	SKILLS CHECK (wound care bandages)
Day 24 _____	CHAPTER 17, CHAPTER 18
Day 25 _____	CHAPTER 19 AND CHAPTER 20
Day 26 _____	CHAPTER 21 AND CHAPTER 22
Day 27 _____	EXAM 6 CHAPTERS 11-22)
Day 28 _____	TAPING SKILLS UNDER 3 MIN
Day 29 _____	TAPING SKILLS UNDER 3 MIN
Day 30 _____	FINAL REVIEW
Final _____	

*Professionalism: students are expected to come to class prepared to learn. Behaviors that potentially impair the learning possibilities of other students will not be tolerated (i.e., speaking when other are talking, sleeping, eating in class, etc). This class will involve a lot of interaction, and information shared by the teacher and other students will enhance learning retention. Pencils are required for all exams.*

**\*\*\* NOTE: THE INSTRUCTOR RESERVES THE RIGHT TO MAKE CHANGES  
TENTATIVE Spring 2012 CALENDAR**