
• CURRICULUM INFORMATION •

DIVISION INFORMATION/ FACULTY, EQUIPMENT, FACILITIES

The Division of Health, Physical Education, and Recreation boasts some of the finest facilities for a two-year college in the South. Two large gymnasiums contain faculty offices, classrooms, a weight room, and two basketball courts. Home basketball games are held in the 42,000 square foot Gressette Gymnasium which has a seating capacity for approximately 2,600. Thrash Gymnasium is used for physical education classes, intramural sports, and student activities such as dances, concerts, and carnivals. An Olympic-size pool is used for various aquatic classes and is also available for afternoon and weekend swimming for students, faculty, and staff. Located across campus is one of the largest tennis centers in the state, a soccer field, an outdoor track, a baseball field, a softball field and a recreational sports complex, all of which are used for instruction and/or extracurricular activities.

The division is staffed by five faculty members, a recreational sports director, and an administrative assistant. All have degrees in their respective areas and are involved with extracurricular activities. The faculty is very diversified, teaching courses such as golf, tennis, yoga, volleyball, fitness walking, aquatics, personal conditioning, and health and wellness.

EDUCATIONAL PROGRAM

In preparation for a career in Physical Education, Abraham Baldwin offers a generalized curriculum leading to an Associate in Science degree. The program provides the basic foundation students need to transfer to any four-year college or university. Students receive a varied program of study in activity classes which include individual and team sports, aquatics, yoga and fitness. Major course studies involve instruction in educational theory and philosophy, anatomy and physiology, and practical teaching experience.

COURSE OF STUDY

Basic Studies Requirements

All Physical Education majors must complete the following program of basic studies:

Area A - Essential Skills

English Composition: two courses

Elective (Mathematics): one course

Area B - Institutional Options

Speech: one course

Elective: one course

Area C - Humanities/Fine Arts

Literature/Humanities: one course

Art/Literature/Drama/Music/Humanities: one course

Area D - Science, Mathematics, Technology, Biology, Chemistry, Physics, Physical Science: two courses

Elective (Science, Mathematics): one course

Area E - Social Science

United States History II: one course

American Government: one course

Elective (Economics, Geography, History, Psychology, Sociology): two courses

Major Area

Anatomy and Physiology: two courses

Education: three courses

Field Experience: one course

Physical Education/Health: as required

CAREER OUTLOOK

Physical Education has traditionally been considered a professional field appropriate for only those students interested in teaching or coaching. Most students choosing Physical Education as a career still plan to either teach or coach. However, Physical Education is now considered the correct major for any college student interested in any one of a broad spectrum of professions focusing upon the study of human movement. Students

now choose careers ranging from teaching or coaching to officiating, or industrial fitness.

REPRESENTATIVE FIELDS OF EMPLOYMENT

Teaching (kindergarten to college)
Coaching (any level)
Officiating
Special Education
Athletic Administration
Research
Physical Fitness

FOR MORE INFORMATION call or write
Division of Health, Physical Education, and Recreation
ABAC 41, 2802 Moore Highway
Tifton, GA 31793-2601
(229) 391-4930

OR

Abraham Baldwin – Enrollment Services
ABAC 4, 2802 Moore Highway
Tifton, GA 31793-2601
(229) 391-5001

TOLL FREE NUMBER:

1-800-733-3653

E-MAIL:

abacinfo@abac.edu

WEB SITE:

<http://www.abac.edu>
