

## You Have a Dream

- What do you **dream** of becoming in the **future**?

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## Dreams...

- Making a **difference** in **people's lives**?
- Making this **world a better place** to live?

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## Dreams Coming True

- **Make it happen! Invest!**
- **Energy**
- **Intelligence**
- **Time**

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## Becoming an Athlete

- What does it take to **change** from a **potential** to an **actual** athlete?
- <http://www.youtube.com/watch?v=t7o-S203s7k&feature=related>
- Same is required to change from a **potential** to an **actual intellectual athlete**

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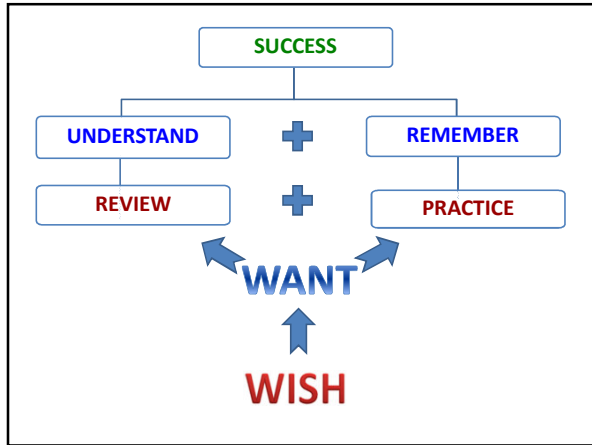
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## PATHWAY TO SUCCESS

- **Goal:** SUCCESS
- **Steps:**
  - \* REMEMBER (S2)
  - \* UNDERSTAND (S1)
- **Tools:**
  - \* PRACTICE (T2) → S2
  - \* REVIEW (T1) → S1
- **Mental State changes:**
  - \* WANT (W2) → T1
  - \* WISH (W1) → W2

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### Learning process

- Illustration:  
<http://www.youtube.com/watch?v=DWVM-m9veLo&feature=related>
- Match or exceed the **determination of a baby**

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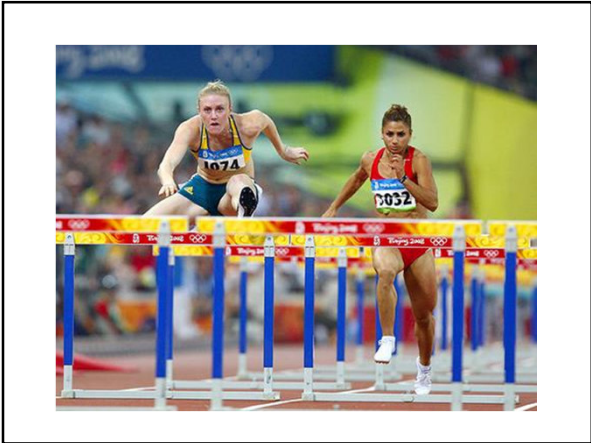
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### WORD OF WISDOM

#### Learning Steps

- **Resolve, Dare** to make the **first step** in the **learning process: REVIEW**
- Reviewing leads to **UNDERSTANDING**
- **Don't understand? Ask quickly for help** to **keep the momentum**

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**WORD OF WISDOM**  
**Learning Steps (2)**

- Reinforce your understanding with **PRACTICE**.

Practice makes perfect  
Practice leads to **REMEMBERING**

- Experiencing **difficulties?**

Ask quickly for help to keep the momentum

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**How Much Practice?**

- Minimum 3 attempts on each assignment
- First attempt -> Acquaintance
- Second attempt -> Familiarity
- Third attempt -> Proficiency
- Proficiency -> Mastery of the material
- Mastery -> Success on tests

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**WORD OF WISDOM**  
**Before the Gain**

- Uncomfortable when studying? Expect the uncomfort.
- Welcome the uncomfort. It is beneficial to your learning
- You're changing your thoughts

From **UNFOCUSED TO FOCUSED**

- Say in your mind: "I'm happy to do it". You feel a smile forming in your mind

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**WORD OF WISDOM**

**Hard Work**

- Work is **too hard**?
- **Keep trying**. It'll get **easier and easier**
- **Ask for help**
- When the **going gets tough**, the **tough gets going**

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**WORD OF WISDOM**

- **Not enough time?**
- **MAKE** the time!
- **Sacrifice** something.
- Your **better future**: worth the sacrifice
- Tolerate **Hardship** on the way to **Prosperity**

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**Time Management**

- Everything takes time
- **First thing** first
- **Do** what's **due** first
- In **due time**
- If you **take all your time**  
You **lose it!**

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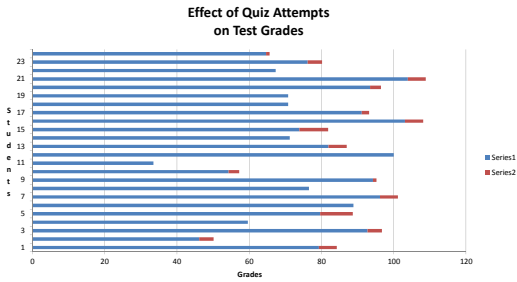
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### Quiz Attempts and Test Grades




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### To Do or Not to Do?

- The value of the **reasons** to get **something done** is by far **greater** than the value of the reasons **not to do** it.
- **Reasons not to do** something come to the mind **more easily** than **reasons to do** it .
- Beware of the **impulsive ideas**. They will lead you to **what is easy** and **less rewarding**.
- Welcome **reasoned ideas**. They lead you to **what is rewarding** albeit **less easy**.

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### To Do or Not to Do (Continued)?

- However the **reward** for **getting something done** by far **outweighs** the reward, equal in value to 0, for **not doing something**.
- Always **find reasons** to **review** and **practice** the material covered in class. That is your **only way** to **achieving success** in this and all other courses.

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