

Athletics and Recreation

Intercollegiate Athletics

Intercollegiate athletics, both male and female, are an integral part of student life at ABAC. The College participates in six intercollegiate sports--baseball, golf, men's and women's tennis, women's softball, and women's soccer. Each full-time student is invited and strongly encouraged to try out for collegiate athletic teams.

ABAC is a member in good standing of Region 17 of the Georgia Junior College Athletic Association and the National Junior College Athletic Association. The "Golden Stallions" and "Fillies" are always strong competitors against the best college competition available.

All home athletic contests are free to full-time students, so come out and support your teams!

Recreational Sports

Through a program of recreational sports including basketball, bowling, softball, flag football, golf, and tennis, every student has the opportunity to engage in sports and recreational activities. Participation is entirely voluntary; however, varsity athletes are not allowed to participate in the sport in which they compete on an intercollegiate level. The desire for fun, exercise, social contact, and friendly competition in a wholesome, satisfying atmosphere furnishes the stimulation for the activities and tournaments offered.

ABAC has been a member of the National Intramural-Recreational Sports Association (NIRSA) since 1980 and has a full-time Director on staff who has been certified (CRSS) by NIRSA. This office is committed to providing quality recreational sports programs and facilities to the ABAC community.

For more information on Recreational Sports, email Mr. Alton Hudgins (ahudgins@abac.edu).

ABAC Pool

The ABAC pool is open for recreational swimming from April through September. Hours are Monday - Thursday from 3 p.m. to 7 p.m.; Friday, Saturday, and Sunday hours are 1 p.m. to 6 p.m.

All ABAC students must show their ABAC ID for admission. Students may invite one guest, but must accompany the guest at all times. Guest passes should be purchased ahead of time from the Cashier in the Student Financial Services office on the second floor of the Student Center. The cost per guest is \$4.

ABAC clubs and organizations who wish to book parties at the pool must reserve the facility through the Information Center (229-391-5001) with prior approval for the event from the Dean of Students (229-391-5140). Parties can be booked only after the pool is closed for regular hours. There is a requirement of one lifeguard per every 15 party members. ABAC lifeguards will be used, and the sponsoring organization will be responsible for paying them. In addition to lifeguards, at least one faculty or staff advisor will be in attendance throughout the event.

Specific rules and regulations regarding personal conduct are posted in the pool area.

Forest Lakes Golf Club

Forest Lakes Golf Club, located at 80 Moorman Drive in Tifton, is owned by the ABAC Foundation and operated by ABAC. The 9-hole course is open from 8:00 am until sunset seven days a week.

The par 72 course plays 6,970 yards from the gold tees over 18 holes.

ABAC students can play 9 holes on weekdays for \$10, and 18 holes for \$15. On weekends and holidays, the cost is \$12 for 9 holes, and \$17 for 18 holes. Students must show their ABAC ID.

Call 229-382-7626, for more information.

Lake Baldwin

Fishing is permitted in Lake Baldwin by permit only. Students may obtain a permit at the administrative office of the School of Agriculture and Natural Resources, located in the Agricultural Sciences Building. Students must show their ABAC ID and proof of a valid Georgia fishing license.

Swimming is not permitted in Lake Baldwin.

Boating is not allowed on Lake Baldwin except as a part of a class or a supervised camp or group outing.